Which of these do bacteria help with? a) Proper digestion, b) Wound healing, c) Spelling tests

What is special about the bacteria in your belly button?

Scientists are learning that right with bacteria. But don’t worry—it’s normal.

Most skin bacteria are harmless. Some even benefit your skin. Your skin is always covered with beneficial bacteria. But don’t worry, they are as unique as you.

What is normal? Skin will remain free of bacteria if you bathe regularly.

Most of the bacteria on your skin are unique to you. The type and distribution of bacteria on your skin are unique to you.

Read an article about a scientist who studies bacteria on your skin, Elizabeth Girce.

T/F: Bacteria can cause MRSA, cellulitis and other diseases.

T/F: What you eat can affect which bacteria live on your skin.